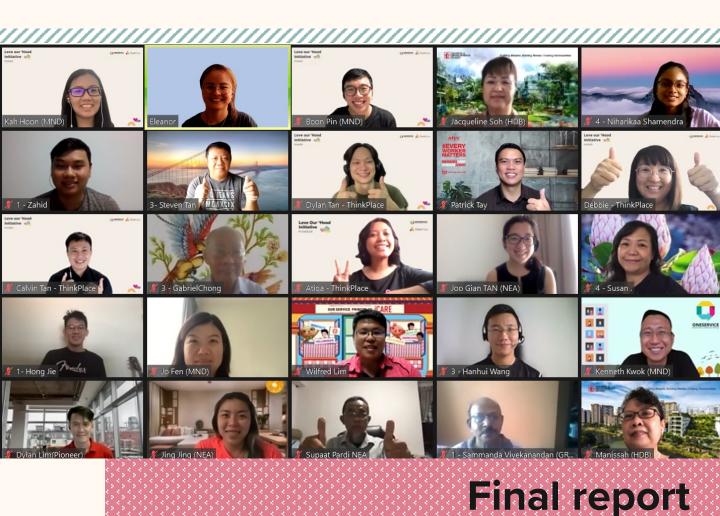


#### Love Our 'Hood Initiative



A report on the Love Our 'Hood Initiative @ Pioneer, organised by the Municipal Services Office (MSO) and facilitated by ThinkPlace.











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### Introduction

#### Introduction

The Love Our 'Hood Initiative @ Pioneer is organised by the Services Municipal Office (MSO), in partnership with Pioneer Grassroots Organisations, and with the support of relevant government and community agencies partners. The initiative took place from Aug 2021 to Oct 2021 and invited ground-up participation from residents and grassroots leaders.

The goal of the workgroup is for participants to develop community informal norms. i.e. rules expectations on how people should behave, to guide positive social actions that can help address municipal issues in the Pioneer neighbourhood. A total of 24 participants joined the initiative and formed 3 teams to tackle the issues of noise from municipal neighbours and secondhand smoke from residential units.



# What are community norms?



Community norms are defined as the rules of beliefs, attitudes and behaviours that are considered acceptable in a particular social group or culture. Norms provide us with an expected idea of how to behave.

For Love Our 'Hood @ Pioneer, residents developed a set of community norms around the issues of noise from neighbours and secondhand smoke. These norms are created to facilitate behaviour change on the ground.



### Process overview



#### **Developing community norms**

Participants of the Love Our Initiative (a) Pioneer 'Hood underwent a community norm development process over 4 workshops well as as participated in field activities (as above). Taking showed ground-up and needs-based approach, teams first sought to get to the crux of the issues through understanding experiences of the residents. This is done by conducting simple surveys and interviews with residents.

The teams' discovery process led them to identify gaps and unique opportunities in community to tackle these issues. Teams prototyped new written norms and sought the consensus views and from residents the other in community. The teams then presented their proposed norms and results of the consensus-building activities to Adviser Patrick Tay, MSO and other government agencies at the final session.

# Community norms methodology

#### 1. Probe & Inquire



Living in a harmonious society and community requires neighbours, friends and family to understand one another's perspectives. The first phase begins with exploring the different issues from various perspectives before aligning on the desired goals and outcomes as a workgroup.

### 3. Experiment & Evaluate



Consensus building requires the agreement from the people affected by the new norms to concur and take those feasible actions. Before we implement the solutions in the community, one more step is to test and get some consensus on the new norms.

#### 2. Opportunities &



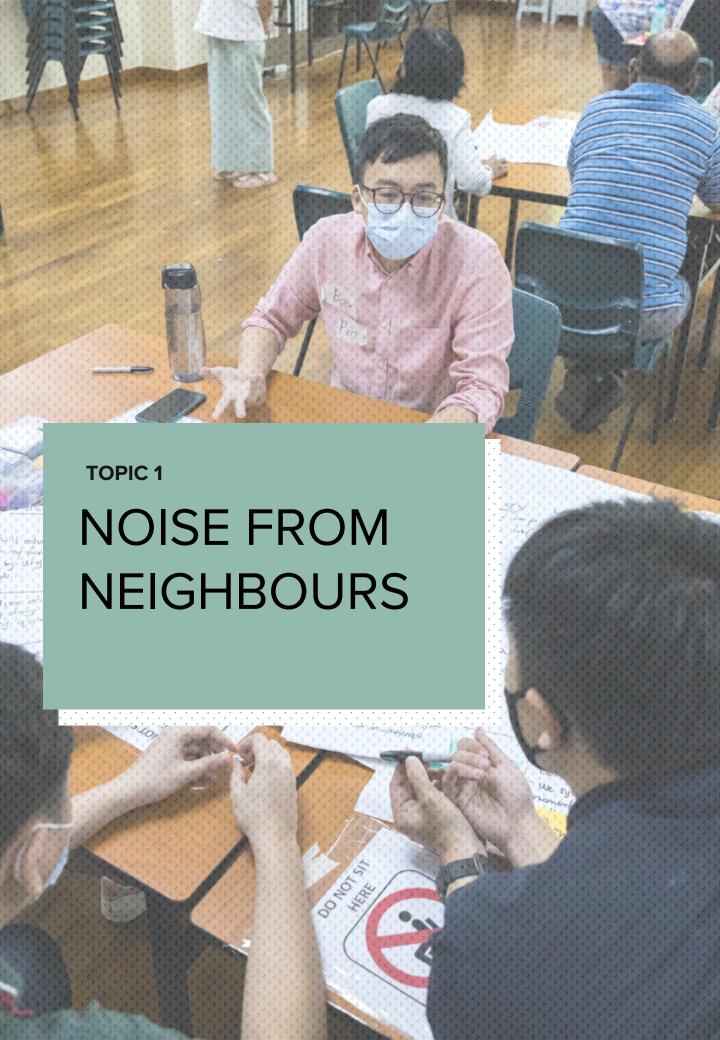
#### Norming

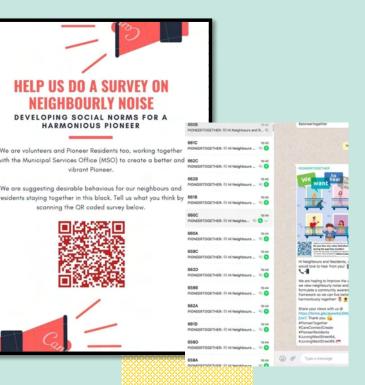
Let's get creative with developing new ways of solving municipal issues with the opportunities identified. It is about creating new community norms or developing tangible ways to change existing situations. It starts with imagining how we do things differently.

#### 4. Review



As a workgroup, we review the proposed norms and the targets set for consensus-building. Identifying some next steps helps to establish further success in refining the new norms when they are implemented in the community.





# Noise from Neighbours

#### **Team 1 members**

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#### **Background**

Noise from neighbours refers to noise from residential homes. The noise may arise from situations such renovation by contractors, simple DIY works by owners, or home gatherings and dragging of furniture. The types of neighbour feedback noise from received by MSO can be broadly categorised into noise renovation, noise from activities and noise from movement/items.



## Probe and enquire

#### **Problem:**

Noise from neighbours is often transient and it is challenging to pinpoint the source. As more people work and study from home due to the COVID-19 situation, the number of feedback on noise from neighbours has also increased. While contractors carrying out renovations are regulated by HDB, DIY renovations by owners are not. This translated to the growing feedback on noise from neighbours.

Team 1 conducted a survey and spoke to several neighbours to hear more about the neighbours' experiences. They found that most neighbours surveyed were willing to reduce noise levels; however, neighbours preferred to communicate with other neighbours in a non-confrontational and indirect manner. Interestingly, those who made noise were unaware that they affected others. Others felt that they were entitled to "make" noise at home.



Three types of noise from neighbours:

- 1. Daily activities
- 2. Leisure activities
- 3. Renovation



## Opportunity

How might we, as a community, develop and seek consensus on community norms to address noise from neighbours that we can uphold together?



Based on the earlier survey and interview findings, Team 1 developed and tested an initial draft of a general set of community norms and found that people are generally willing to reduce noise from daily and leisure activities. Most of them were also willing to inform neighbours about renovation activities by indicating them on a monthly calendar.

However, it was unclear from the testing whether neighbours were willing to talk to one another directly if they were affected by their neighbours' noise. Moreover, neighbours who are hosting events may not step out of their house to check if the noise level is acceptable to others. In addition, there were no consensus on the quiet hours where noise level should be kept down.



# Design considerations



Key considerations in designing community norms to prevent noise from neighbours:

- Improving neighbour-toneighbour communications when one is experiencing noise, without causing conflicts.
- Increase awareness of potential noise-generating activities in advance so residents can make alternative plans (e.g. work from office) in a timely and prominent manner.

# Norming and experiments

Using insights from the research and testing, Team 1 refined the community norms for noise from neighbours. They then reached out to residents of an identified block through surveys to gauge the support and consensus for these norms.

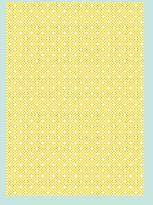
The norms are categorised into 5 main aspects:

- Norms to reduce noise from daily activities
- 2. Norms to reduce noise from leisure activities
- 3. Norms to reduce impact of noise from renovations
- 4. Desirable quiet hours
- Testing demand for a physical calendar for renovation noise









#### FOR NOISE FROM DAILY ACTIVITIES

I will reduce I will reduce I would like to I will gently noise from my noise from my be informed by inform my furniture, such household my neighbours if neighbours if I as by using chores, by only they experience experience doing heavy noise from my noise from their carpeting or furniture pads, chores such as daily activities daily activities or by lifting my many times, as I many times, as moving or furniture instead might not be vacuuming they might not before quiet of dragging be aware, and aware. them. hours. seek their understanding to reduce the noise.

85% consensus

90% consensus

90% consensus

80% consensus

<sup>\*</sup>Consensus is achieved when a majority of the community voted for agree and above on the team's 4-point scale.

#### FOR NOISE FROM LEISURE ACTIVITIES

1

2

3

4

I will close my doors and windows when I play music or sing karaoke, so that my neighbours are not disturbed by the noise. If not, I will minimise the volume.

I will limit the hours where I conduct activities that may generate loud noise (e.g. Karaoke, house parties, playing loud music) to a maximum of 4 hours a day.

I will inform my immediate neighbours on my left and right, prior to hosting events that may generate noise and assure them that we will strive to minimise our volume.

I will step out of the house at least once to check if the noise generated is reasonable for my neighbours (e.g. during birthday celebrations, house parties, singing of karaoke).

90% consensus

85% consensus

70% consensus

65% consensus

<sup>\*</sup> Consensus is achieved when a majority of the community voted for agree and above on the team's 4-point scale.

#### FOR NOISE FROM RENOVATIONS

1	2	3	4
I am able to	I can accept DIY	I will inform my	I will inform my
accept some DIY	renovation noise	neighbours	neighbours
renovation	on Saturday,	when I perform	when I perform
works that might	8am to 6pm.	approved	DIY renovation
produce noise		contractor	that will exceed 1
during		renovation that	hour and might
weekends.		might generate	generate noise.
		noise.	
_	_	_	_
<b>75</b> % consensus	80% consensus	55% consensus	80% consensus

<sup>\*</sup> Consensus is achieved when a majority of the community voted for agree and above on the team's 4-point scale.

#### FOR DESIRABLE QUIET HOURS

1	2	3	4
Quiet hours to start at an earlier time between 930pm and 10pm during weekdays.	Quiet hours to start between 930pm and 11pm during weekends.	Quiet hours to end at 9am for weekdays.	Quiet hours to end at 9am on weekends.
<b>70</b> % consensus	No consensus on timing	60% consensus	80% consensus

<sup>\*</sup> Consensus is achieved when a majority of the community voted for agree and above on the team's 4-point scale.

#### FOR CALENDAR

4

2

3

It would be
helpful to have a
monthly
calendar
displayed at the
lift lobby
showing
upcoming
renovations so
that I am aware
of them.

I will update it when my unit is undergoing approved contractor renovation, to keep my neighbours informed.

I will update it when my unit is undergoing approved DIY renovation, to keep my neighbours informed.

75% consensus

80% consensus

65% consensus

<sup>\*</sup> Consensus is achieved when a majority of the community voted for agree and above on the team's 4-point scale.

### Consensus



Results showed that most of the proposed norms received strong consensus, though there were some norms that involve residents reaching out to neighbours that received slightly lower consensus.

One possible solution is to provide a platform for communication, such as the monthly calendar. Based on the consensus-building activity, residents welcome the idea of the calendar and informing others when they are having renovations. Success of the calendar is dependent on residents filling in renovation details and minimising potential tampering. The long-term sustainability on updating and maintaining the calendar is another area to be considered.

Team 1 hopes to work with the Pioneer Constituency Office and MSO to develop education materials to inform residents about the new norms. More research needs to be taken to understand some of the differing views, e.g., the reasons for a lower willingness to step outside of the house to check on the acceptable noise levels.







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#### Team 3 members

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# Secondhand smoke from residential units

#### **Background**

Smoking is prohibited in public areas such as common corridors, lift lobbies, staircase landings, covered walkways and playgrounds. However, smoking within homes is not illegal, and when done inconsiderately, can lead to an issue of secondhand smoke affecting neighbours. As more residents work from home during the COVID-19 pandemic, there has been an uptick in smoking-related complaints in residential estates.







## Probe and enquire

#### **Problem:**

"As a non-smoker, I don't want to approach a smoker and ask them to smoke elsewhere."

"I smoke here because it is convenient & close to my home. I also want to protect my family members from my cigarette smoke."

These were stories heard when participants conducted research and spoke to neighbours in the community.

There are different considerations in tackling this issue. On one hand, smokers asked to respect their rights to smoke in their homes. On the other hand, non-smokers also have the rights to enjoy a smoke-free living environment in their homes. Possible regulations pertaining to smoking within homes may come across as an infringement of the homeowner's rights. Moreover, attempts to capture evidence of smoking within homes could lead to concerns over privacy.

"I smoke here because it is convenient & close to my home. I also want to protect my family members from my cigarette smoke."



## Opportunity

#### How might we

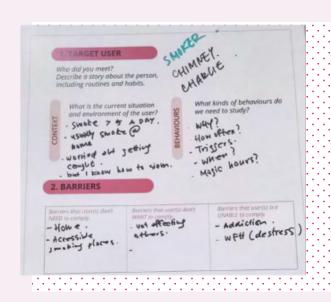
# find a middle ground between smokers and non-smokers?

This is a divisive issue, with challenges in obtaining mutual understanding between smokers and non-smokers. In trying to protect their families, smokers may smoke near their windows, which inadvertently affect their neighbours.

Non-smokers have lamented "I'll have to shut my door and windows, endure and wait for it to pass." Smokers, however, have pointed out that smoking at home is not against the rules, and some feel discriminated against when smoking in an outdoor area. As such, how might we find a middle ground between smokers and non-smokers to overcome issues on secondhand smoke drifting in neighbouring homes?

"Where I smoke is my choice and if I smoke at home, I will not close the windows, etc.

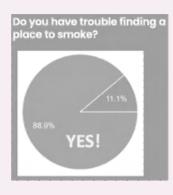
Who on earth would close their windows....rather not affect my own home"



## Opportunity

Two teams tackled this wicked problem with a set of community norms that could facilitate smokers and non-smokers in reaching a midpoint. Both teams found that one of the key barriers is identifying an alternative smoking area, that is legal and convenient for smokers to smoke outside of their homes, where it would not affect the neighbours. On the other hand, smokers said that they felt discriminated against when smoking in any outdoor spots.

Therefore, identifying smoking locations or suitable spots for smokers was critical in the development of the community norms to address this issue. These spots were not the same as the designated smoking points being piloted at some parts of Singapore, requiring new infrastructure such as sheltered pavilions. These areas could be suitable as an alternative to smoking at home, which could perhaps help to alleviate the tension between neighbours.



"I do not have an alternative space to smoke. I cannot quit smoking.
Working from home makes me more stressed, and I want to smoke."

# Design considerations



Key considerations in designing the community norms for overcoming secondhand smoke issues:

- Balancing needs of smokers and non-smokers, including the health of all.
  - Be unbiased and non-judgmental towards smokers.
- Encourage smokers and non-smokers to understand each other's situation.
  - Locations for smoking areas must be within existing rules and regulations.

# Norming and experiments

Teams 2 and 3 developing the community norms, testing and seeking consensus with their residents.

Both teams also identified their targeted areas and reached out to residents through surveys to get a sense of support for their norms and ideas.









FOR SECONDHAND SMOKE (TEAM 2)



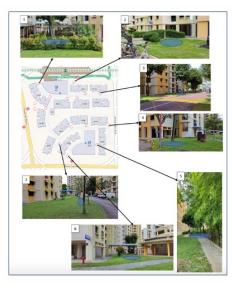




NORMING

#### **PROTOTYPE**

Provision of recommended sites in the neighbourhood for residents to smoke as an alternative





Reduce barrier to find an appropriate space for smokers

FOR SECONDHAND SMOKE (TEAM 2)

1

5

3

If you are a smoker, we encourage you to check the list of Pioneer community recommended smoking area.

If you do not have a choice but to smoke at home, remember to inform your neighbours to protect the people living with and around you.

If you are a non-smoker, share this list of tips to work out alternative solutions, with your family and friends.

84% consensus

76% consensus

60% consensus

<sup>\*</sup>Consensus is achieved when a majority of the community voted for neutral and above on the team's 3-point scale.

### FOR SECONDHAND SMOKE (TEAM 3)

Based on interviews with smokers on the messages and norms, we revised the norms further:



- For smokers:
- o I will use the 'community designated smoking spot' near Blk 601-602 so that I can protect my family from second-hand smoke. My neighbours will also be appreciated of my efforts.
- For non-smokers
- I will encourage my neighbours who smoke to use the 'community designated smoking spot' near Blk 601-602. I will thank my neighbours for making the effort.
- I will close my windows/doors to prevent secondhand smoke from drifting into my home.
- For both:
- o I will support the idea of the 'community designated smoking spot'.
- \*The norms will encourage smokers to smoke at a recommended smoking area, identified by team.



- 200 flyers were distributed door-todoor @ Blocks 601 + 602
- Posters placed in lifts
- Seeking consensus & feedback on proposed 'Designated Smoking Spots' (DSS)
- included an online survey (#2)

FOR SECONDHAND SMOKE (TEAM 3)

I will use the I will I will close my I support the idea of windows and/ community encourage neighbours to or doors to designated community smoking spot smoke at the designated prevent smoking spot. secondhand to protect my community family from smoke to enter designated secondhand smoking spot my home. smoke. and thank them for making the effort. Inconclusive, as **79**% consensus No consensus 76% consensus most respondents

are non-smokers

<sup>\*</sup>Consensus is achieved when a majority of the community voted for neutral and above on the team's 5-point scale.

### Consensus

Key results from the consensus-building exercises by both teams showed that residents generally welcome the idea of having community-identified smoking spots in the neighbourhood.

However, care needs to be put in place to ensure that these locations are away from heavy human traffic and far from young children and seniors. On the other hand, these spots should ideally be at a convenient place for smokers and weather proof.

To encourage smokers to use the spot, there were suggestions that the messages to smokers could emphasis family relationships and include thanking the smokers for making the effort to use the spot instead of smoking at home.

We also found that the message for non-smokers to close their windows and/or doors to prevent secondhand smoke from drifting into their homes was not well-received. Both smokers and non-smokers do not want to close their windows and/or doors for various reasons. Smokers wanted to protect their own families from their own secondhand smoke while

non-smokers felt that they should not be the one to close the windows as they did not generate the secondhand smoke.

Communication between the parties to reach a middle ground continues to be a challenge.

Both teams hope to take in the feedback received and improve on the idea of the community-identified smoking spots, before testing out the spots as a possible solution to address the issue of secondhand smoke drifting into residents' homes.





Thank you to the following groups and individuals for making Love Our 'Hood Initiative @ Pioneer possible.

Mr Patrick Tay, Adviser to Pioneer GROs
Housing & Development Board
National Environment Agency
Singapore Kindness Movement
West Coast Town Council

